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## Grape Seed Extract Improves Blood Pressure

April 23, 2013 **0 Comments**

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BOSTON, Mass.—In a recent unpublished study, **Polyphenolics'** grape seed extract beverage MegaNatural®-BP effectively supported healthy blood pressure. The study was conducted by the Center for Nutrition Research, the Institute of Food Safety and the Health at the Illinois Institute of Technology.

The randomized, placebo-controlled study featured 36 pre-hypertensive participants drinking either a beverage formulated with MegaNatural®-BP or a placebo daily for six weeks. Participants who consumed the patented grape seed **extract** formula had a significant reduction in systolic and diastolic **blood pressure** toward the end of the study. The reductions placed many of them within a normal blood pressure range.

Full results will be presented by Britt Burton-Freeman and Eunyoung Park at the **Experimental Biology 2013** conference on April 20 to 24 at the Boston Convention and Exhibition Center.

Read more on how grape seed extracts such as in MegaNatural®-BP **affects the flexibility of blood vessels** and **help benefit hypertension, cholesterol and glycemic response**.

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## FOOD INGREDIENTS *first*

### Beverage With Grape Seed Extract Shown to Support Healthy Blood Pressure

Date: 22 April 2013

Type: Nutrition & Health News

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Sector: General Company & Ingredient Information

**22 Apr 2013 --- An estimated 30 percent of American adults have pre-hypertension, a condition that increases their risk of developing high blood pressure (i.e. hypertension) along with its potentially serious health consequences.**

Now there's exciting new evidence that managing pre-hypertension may be as simple as enjoying a low-calorie beverage made with a patented grape seed extract, which is currently available only in supplement form.

This is the third human clinical study using MegaNatural-BP, a patented grape seed extract. The third study was conducted by researchers at the Center for Nutrition Research, Institute of Food Safety and Health at the Illinois Institute of Technology and was designed to test MegaNatural-BP as a functional ingredient in a beverage. Results will be presented by Dr. Britt Burton-Freeman and Dr. Eunyoung Park at Experimental Biology 2013. The conference will be held April 20-24 at the Boston Convention and Exhibition Center.

In the randomized, placebo-controlled study, 36 pre-hypertensive adults were randomized to drink either a beverage formulated with MegaNatural-BP or a placebo daily for six weeks. At the end of the study, those participants who consumed the drink containing the patented grape seed extract formula on average experienced significant reductions in

systolic and diastolic blood pressure compared with those who consumed the placebo. For many, the reductions put them within a normal blood pressure range.

Polyphenolics, a division of Constellation Brands, Inc., manufactures, markets and sells ingredients for nutraceutical, functional and medical foods. To learn more about this research, attend the presentation during Experimental Biology 2013 or visit [www.Polyphenolics.com](http://www.Polyphenolics.com).

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INTELLIGENCE FOR THE GLOBAL DRINKS BUSINESS  
**BEVERAGEWORLD**

## Grape Seed Drink May Lower Blood Pressure

April 24, 2013

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## Grapeseed extract supports healthy BP

Apr. 24, 2013 | *Engredea News & Analysis*

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In the randomized, placebo-controlled study, 36 prehypertensive adults were randomized to drink either a beverage formulated with the grapeseed extract or a placebo daily for six weeks. At the end of the study, those participants who consumed the drink containing the patented grapeseed extract formula on average experienced significant reductions in systolic and diastolic blood pressure compared with those who consumed the placebo. For many, the reductions put them within a normal blood pressure range.

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